

Saturday Sprint program

9.30 am time trial WU20-WU18-MU20-MU18-WU16-WU14-MU16-MU14-MU12-WU12

10.45 Quarter finals women (WU18/20 @ 4 heats)

11am Quarter Finals men (MU18/20 @ 4 heats)

11.15 Semi Finals women (WU12 with WU14 @ 2 heats, WU 16@ 2 heats, WU18/20 @ 2 heats)

11.40 Semi Finals Men (MU12@ 2 heats, MU16 @ 2 heats, MU18/20 @ 2 heats)

12.10 Finals (WU14 @ 1 final, WU16 @1 final, WU18/20 @1 final)

12.20 Finals (MU12 @1 final, MU14@1 final, MU16 @1 final, MU18/20 @1 final)

Presentations 1pm

Sunday Distance Program

10am WU12 and MU12 (1 girl and 8 boys)

10.07am WU14 and MU14 (9 girls and 4 boys)

10.20am WU16 (10 girls)

10.35am MU16 (11 boys)

10.45am WU18/20 (13 girls)

11.05am MU18/20 (20 boys)

Presentations 1pm